

State Employee Health Plan Newsletter

Contact Us!

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OPEN ENROLLMENT IS THE MONTH OF OCTOBER!

The month of October is Open Enrollment! During that month, you will need to log into your [membership portal](#) and elect your benefits for the 2020 plan year. **Even if you do not wish to change medical plans, you will need to complete the enrollment process for 2020. Failure to do so will result in automatic default to Plan N with an HRA through your current medical carrier.**

NOTE: If you have waived benefits in the past and will remain waived, no action is needed.

Open Enrollment *Resources*



Open Enrollment materials and resources are available on our website, or by clicking [here](#). Check out our:

- New Open Enrollment video
- Enrollment Guide
- PowerPoint Presentation
- Vendor Videos and more!

ASK **ALEX!**

Still undecided on which plan(s) are best for you or your family? ASK ALEX is a great online tool to help you compare plans. Check it out on our website, or by clicking [here](#).



UPCOMING CHANGES

PAYROLL DEDUCTIONS FOR VISION BENEFITS, MET LIFE VOLUNTARY, AND LONG TERM CARE (LTC)

Starting in October, these premiums which were previously deducted on a once-per-month basis will now be deducted per paycheck, or semi-monthly, similar to other benefit premiums. **The premium amounts are not changing.**

PLAN C AND N DEDUCTIBLE CHANGE – DEPENDENT TIERS ONLY

Starting January 2020, the deductible on Plans C and N for Employee + Spouse, Employee + Children, and Employee + Family coverage tiers will be \$2,800. The employee only coverage tier will remain at \$2,750. The out-of-pocket maximum for all four coverage tiers will remain the same as 2019. The deductible change was required to keep Plans C and N in compliance with Federal requirements.

IMPORTANT REMINDERS

Preventive Services

Eligible preventive services are covered 100% (no deductible or coinsurance) when received by network providers. Preventive services are also covered when received by non-network providers, **but** are subject to the non-network calendar year deductible and coinsurance.

Each of our vendors (for medical, dental, and vision) has an online directory for Network Providers. To search Provider Directories, visit the [SEHP website's](#) vendor pages!

Contacting a Vendor

When contacting any vendor as an employee or providing HR assistance, please make sure you identify yourself right away as a **State of Kansas employee**. Nearly all vendors have a dedicated customer service team for our State of Kansas group, and they will be able to respond to questions more promptly.

You can contact vendors directly to obtain new cards, assistance with finding network providers, answers to claims questions, and more!

HealthQuest Premium Discount

If you have already qualified for the **premium discount for 2020**, it will be reflected in the MAP when you enroll for 2020. If not, you have until 12/31/2019 to earn the HealthQuest points of 40 or more to receive the discount for 2020. (i.e. 40 for the employee and 40 for the covered spouse).

New Enrollees

New employees with benefits starting in October, November, or December will have **two enrollments to complete** – one for the remainder of 2019 and one for 2020.





GET YOUR FLU SHOT SCHEDULED TODAY!



To schedule an appointment, visit the [Employee Scheduling Link](#) and “Create Your Profile” to register in the OccuVAX system. Click on “Schedule Appointment” and select the clinic closest to you. The clinics are listed alphabetically by city.

When registering, please use:

Ship To ID: 4610

Access Code: NDYxMA==

The vaccination you will be receiving is Quadrivalent Thimerosal Free. It is safe for those that are: pregnant, nursing, those that may have a mercury allergy or a sensitivity to eggs.

Active employees and spouses covered under the State Employee Health Plan (SEHP) under age 65 are eligible to attend the SEHP flu clinics and will be provided at no cost. Please remember to take your CVS Caremark card to the appointment.

Click on the following links to access:

[Flu Shot Clinic Information](#)

[How to Schedule an Appointment](#)

Flu Shots will also be offered at the HealthQuest Health Center in Topeka.

Visit <https://my.marathon-health.com/> or call 785.783.4080 to schedule your flu shot.

Membership
Questions?



Click Here!

Have
Questions?
We have
Answers.

Benefits
Questions?



Click Here!

You can also visit us at
kdhe.SEHPMembership@ks.gov

Learn more about your benefits at
KDHE.Benefits@ks.gov