

Food Safety and Lodging 1320 Research Park Drive Manhattan, Kansas 66502

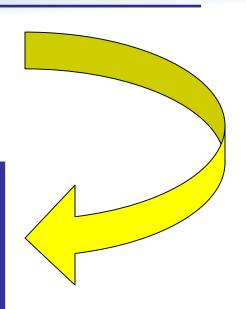


FOLLOW ALONG

Look for the booklet page #



Booklet Page #



PRESENTATION OVERVIEW

Introduction

Identifying Common Foodborne Illnesses

Food Microbiology

Protecting Food in Preparation

Consumer Advisory

Protecting Food in Serving

Safe & Clean

Corrective Actions

When to Call

Contacts

Helpful Websites





POP QUIZ

- Q. What ingredient/s of potato salad require refrigeration?
- A. Potatoes, eggs.



FOOD SAFETY IS...

Important

Everyone's Responsibility

In Your Hands

A Full-Time Job





Annual estimates for the United States

48 million illnesses

128,000 hospitalizations

3,000 deaths

\$77 Billion cost to the economy





THE REAL COST

Kyle 2003-2006

- Died from E. coli O157:H7 at age 2 and a 1/2
- Spinach



Shirley 1936-2008

- Died from Salmonella at age 73
- Peanut butter



Michael 2004

- Died from Listeria monocytogenes
- Infected through the placenta
- Emergency C-section at 30 weeks
- Lettuce



THE REAL COST



"Lauren Beth, age six years, ten months and ten days, died in my arms while on a life support system at San Diego's, highly respected, Children's Hospital, three days after Christmas on December 28th, 1992. Although at the time we did not know Lauren's true killer, we would soon come to the brutal reality of E. coli O157:H7.

For those of you not familiar with the carnage that E. coli O157:H7 can provide. It is an experience that none of us are prepared to endure, much less observe! Her struggle was valiant, but brutal. After excruciating pain, all of her main organs falling victim to this deadly toxin that is E. coli O157:H7. Three heart attacks, the first of which I was left helpless to witness. Her brain waves were no longer active. Her body was tormented and beaten. Her kidneys, liver and heart were ravaged. Lauren fell into a coma and was taken from my arms forever."

Roni (Lauren's Mother)

HAZARDS



Biological

• Bacteria, Viruses, Parasites



Chemical

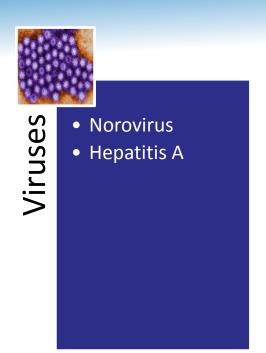
• Cleaners, Degreasers, Sanitizers, Additives, Medicines



Physical

• Glass, Metal Shavings, Fingernails, Jewelry

BIOLOGICAL HAZARDS





Bacteria

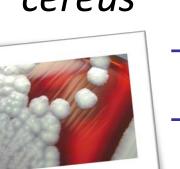
- E. coli
- Salmonella
- Listeria monocytogenes



Parasites

- Trichinella spiralis
- Cyclospora
- Cryptosporidium

Bacillus cereus



5	Onset	1-16 hours
	Lasts	6-24 hours
	Symptoms	Nausea, vomiting, cramping, diarrhea
	Common Sources	Rice and rice dishes, vegetables, sauces
•	Prevention	Proper cooking, cooling, and reheating



Campylobacter

BNACC

Onset

2-5 Days

Lasts

1-4 Days



Cramping, fever, diarrhea, nausea, headache, vomiting

Common Sources

Unpasteurized dairy, poultry, meats, infected food worker

Prevention

Proper cooking or pasteurization





Clostridium perfringens

Onset 8-24 Hours



Lasts 24-36 Hours

Symptoms Cramping, diarrhea, nausea

Common Sources Poultry, meats, beans, gravy, slow-cooked foods

Prevention Proper cooking and reheating





Enterohemorrhagic

Onset

2-10 Days

E. coli

Lasts

1-4 Days



Symptoms

Diarrhea (often bloody), severe cramping, nausea, vomiting

Common Sources

Raw and undercooked meats (especially ground beef), produce

Prevention

Proper cooking, prevent crosscontamination





Hepatitis A

Onset

10-50 Days

Lasts

1-2 Weeks to Several Months



Symptoms

Fever, fatigue, headache, nausea, loss of appetite, vomiting, abdominal pain, jaundice

Common Sources

Shellfish, ready-to-eat foods contaminated by a carrier

Prevention

Approved shellfish sources, handwashing, no bare-hand-contact with ready-to-eat foods, employee illness policy





Listeria monocytogenes

Onset

1 Day to 3 Weeks, up to 10 Weeks

Lasts

Depends on disease progression, may have permanent effects.

Symptoms

Nausea, vomiting, fever, chills, headache, meningitis, miscarriages

Common Sources

Unpasteurized dairy, cheese, vegetables, seafood, poultry, melons

Prevention

Hold refrigerated (<41° F) food less than 7 days, prevent cross-contamination







Norovirus

Onset

24-48 Hours

Lasts

1-2 Days



Diarrhea, vomiting, nausea, cramping, fever, headache

Common Sources

Unpasteurized dairy, cheese, vegetables, seafood, poultry, melons

Prevention

Hold refrigerated (<41° F) food less than 7 days, prevent cross-contamination





Shigella

Onset

12 Hours to 7 Days

4-7 Days



Lasts

Symptoms

Diarrhea (often bloody), cramping, fever, nausea, headache, sometimes vomiting

Common Sources

Ready-to-Eat Foods from bare-hand-contact. Comes from human feces

Prevention

Good handwashing, no bare-hand-contact, approved food/water, control flies.





Salmonella

Onset

6 Hours to 3 Days

1-3 Days



Lasts

Symptoms

Cramping, headache, nausea, diarrhea, fever, sometimes vomiting

Common Sources

Undercooked or raw animal foods, infected food workers

Prevention

Avoid cross-contamination, cook thoroughly, good handwashing





Salmonella Typhi



3-60 Days, usually 8-14 Days

Lasts

2-4 Weeks

Symptoms

Fever, headache, malaise, loss of appetite, constipation (sometimes diarrhea), joint pain

Common Sources

Ready-to-Eat Foods from bare-hand-contact.
Comes from human feces

Prevention

Good handwashing, no bare-hand-contact, approved food/water, Employee exclusion







FOOD MICROBIOLOGY

- Growth Conditions
 - Food Source
 - Acidity
 - Time
 - Temperature
 - Oxygen
 - Moisture



Foods that require Time and Temperature Control for Safety (TCS)

Animal products

Heat-treated Starches

Special Produce





Animal products

Meat, Poultry, Seafood, Dairy





Heat treated Starches

Rice, Potatoes, Beans, Pasta, Vegetables





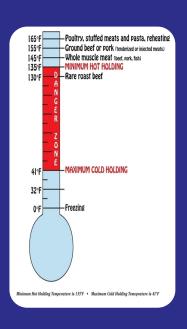
Special Produce

Tofu, Sprouts, Cut Melons, Cut tomatoes, Garlic in Oil, Cut Leafy Greens





TIME & TEMPERATURE



Temperature Danger Zone

- 41°F to 135°F
- Rapid Bacterial Growth After
 4 Hours

THERMOMETERS



Use a Calibrated, Sanitized Temperature Measuring Device



Use approved sanitizer or single use alcohol wipe



Thin tip probe for thin foods

• Hamburgers, chicken patties, etc.

THERMOMETERS



CHECK FOR ACCURACY

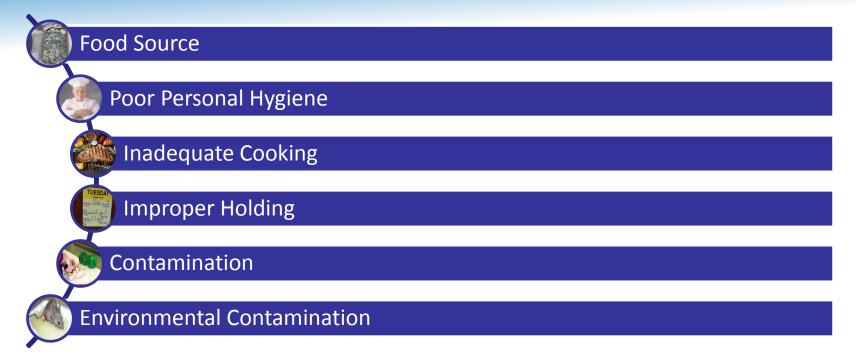


Ice Slurry

- Fill a cup full of small ice cubes
 Add enough water to fill the spaces
- Place thermometer stem in the ice slurry
- Temperature should read 32°F
- For metal stem thermometers, adjust the calibration nut to 32°F while in ice



FOOD SAFETY RISK FACTORS



FOOD SAFETY RISK FACTORS



FOOD SOURCE

- Food from unapproved or uninspected source
- Unsound or Adulterated food
- Shellfish records not maintained properly





IMPROPER LABELING



IMPROPER LABELING





Employee Reporting to Employer

Certain Symptoms or Conditions (Big 5)

Employer Reporting to KDA

Certain Symptoms or Conditions (Big 5)





Salmonella Typhi

Shigella

Enterohemorrhagic *E. coli*

Hepatitis A

Norovirus







Employee Restriction



Employee Exclusion





Employee Restriction





EmployeeRestriction

 Can't work with food or equipment





Restrict Employees

- Fever
- Sore Throat w/Fever*
- Uncovered, Infected Wound (cut, lesion or boil)
- No symptoms but diagnosed w/ Shigella, EHEC E. coli, Norovirus*





Highly Susceptible Populations (HSPs)

Also restrict
 Employees when exposed to Big 5



Removing Restrictions

See Food code2-201.13



Employee Exclusion





Employee Exclusion

 Can't work in the facility





Exclude Employees

- Vomiting
- Diarrhea
- Jaundice
- Diagnosis:
 - Hepatitis A
 - *S.* Typhi or Typhoid fever



Highly Susceptible
Populations (HSPs) - also
exclude Employees when:

- Sore throat w/ fever
- Diagnosed w/ Big 5



Removing Exclusions

•See Food code 2-201.13

FOOD SAFETY RISK FACTORS

POOR PERSONAL HYGIENE: Lack of appropriate hand washing

Bare hand contact with ready-to-eat foods



Ill food workers

Employees eating, drinking or using tobacco in food areas

Inadequate hand sink



Lack of soap or paper towels





Wash hands only in the hand sink

 Don't use dishwashing, food preparation or mop sinks for handwashing

Sick employees can spread illness

Enforce sick leave policy or reassign duties

Don't eat, drink, chew gum, or use any form of tobacco in food areas

• Designate non-work areas for breaks

Dry hands with paper towels

• Don't use common cloth towels, wiping cloths, or aprons for hand wiping

Does Mr. Yucky work in your kitchen?





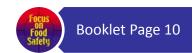
No bare hand contact with ready-to-eat food!

Wear nails short, clean and unpolished

Restrict rings to plain bands

Cover open cuts and burns with bandages and finger cots or single-use gloves

Does Mr. Yucky work in your kitchen?





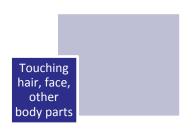






FOOD SAFETY IS IN YOUR HANDS

Wash your Hands After:



















HANDWASH PROCEDURE

- Wet under warm water
- Apply Soap
- Scrub for 10-15 seconds
- Rinse with warm water
- Use paper towel to dry, turn off water, open door



NO BARE HAND CONTACT

Must not touch Ready-to-Eat food with bare hands (RTE)

Use

- Deli Tissue
- Spatulas
- Tongs
- Forks
- Dispensing Equipment
- Single-Use Gloves







GLOVE USE



Glove usage does not replace the need for good hand washing practices

Wash hands before putting on gloves

Put gloves on only when you are ready to handle ready-to-eat food

Use gloves for only one task, such as ready-to-eat foods, then discard

If an interruption occurs during food preparation, remove gloves'

Use clean gloves when you resume food preparation



GLOVE USE



Dispose of gloves immediately upon removal

Single-use gloves should not be used around heat or hot fats

Gloves are susceptible to contamination, so discard when soiled or damaged

Fabric or re-usable gloves may not be used with RTE food

Avoid single-use gloves made of natural rubber latex

IS THIS OK?



FOOD SAFETY RISK FACTORS



INADEQUATE COOKING:

- Improper cooking temperatures
- Improper reheating temperatures

CRITICAL TEMPERATURES

→ 165°F - Poultry, stuffed meats and pasta, reheating → 155°F - Ground beef or pork (tenderized or injected meats)

145°F - Whole muscle meat (beef, pork) or fish

→ 135°F - MINIMUM HOT HOLDING

³ 130°F - Rare roast beef

→ 41°F - MAXIMUM COLD HOLDING

→ 32°F - Freezing

>> 0°F - Frozen Food Storage





145°F - Intact Fish, Beef, Pork and Eggs

155°F - Non-intact Fish, Beef, Pork, Pooled Eggs

• 165°F - Raw Poultry





IS IT DONE?

Eyeball test



Picture courtesy of the Kansas State University Meat Science Program.

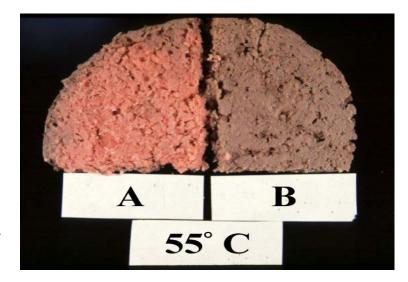




IS IT DONE?

• Fie all test

Ground beef may turn brown below 155°F



Picture courtesy of the Kansas State University Meat Science Program.



IS IT DONE?





THE ONLY WAY

Thin-tip probe for thin patties or small pieces

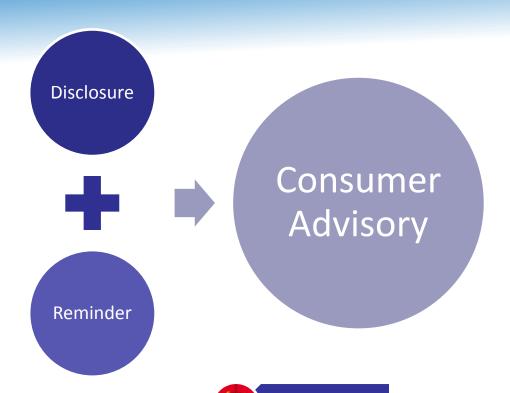


CONSUMER ADVISORY

You must advise consumers of the risks of eating raw or undercooked:

Hamburgers Fish Pork	Eggs	Lamb	Poultry	Shellfish
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CONSUMER ADVISORY



Disclosure

CONSUMER ADVISORY

- A description of the animal-derived FOODS
 - "oysters on the half shell (raw oysters),"
 - "raw-EGG Caesar salad," and
 - "hamburgers (can be cooked to order);" OR
- Identification of the animal-derived FOODS by asterisking them to a footnote that states the items are served raw or undercooked, or contain (or may contain) raw or undercooked ingredients.

Reminder

CONSUMER ADVISORY

Asterisk to a footnote

- Regarding the safety of these items, written information is available upon request;
- Consuming raw or undercooked MEATS, POULTRY, seafood, shellfish, or EGGS may increase your RISK of foodborne illness; or
- Consuming raw or undercooked MEATS, POULTRY, seafood, shellfish, or EGGS may increase your RISK of foodborne illness, especially if you have certain medical conditions.

CONSUMER ADVISORY



Menu

Table Tent



Consumer Advisory
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agriculture.ks.gov



Brochures

Sign



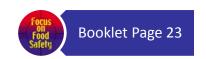


Deli Case



REHEATING

- Reheat previously cooled foods to an internal temperature of 165°F or above
- 41°F to 165°F in less than 2 hours
- Stir frequently to distribute the heat
- Measure the internal temperature with a thermometer
- After reaching 165°F, hold at 135°F or above





REHEATING

- Direct heat (stove top) is best
- Steam cookers
- Ovens
- Microwaves
- Reheating in steam tables and crock pots is unsafe





FOOD SAFETY RISK FACTORS



IMPROPER HOLDING:

- Improper cold/hot holding temperatures
- Lack of date marking

HOT & COLD HOLDING

Hold cold food at 41°F or below

Hold hot foot at 135°F or above

Use proper equipment



Stir frequently to distribute the temperature

Covered foods maintain temperature longer



TOO WARM



TOO WARM





TOO COOL





SAFE BUFFETS



Take food temperatures every 2-3 hours. If food is in the Temperature Danger Zone, take corrective actions (REHEAT, QUICK CHILL or DISCARD)



Determine why the food was in TDZ

Stir foods frequently to distribute temperature. Do not add fresh food to old. "First In, First Out"

SAFE BUFFETS

Trained food employees must monitor self-service food bars

Require customers to use clean plates and bowls for return trips to the food bar

• Post signs

Protect food from contamination

- Proper serving utensils
- Sneeze guards

Label foods

Required by Kansas Food Code KAR 4-28-8

Please use a clean plate each time you visit the food bar.



Thank you!





COOLING OR HOLDING?



THAWING



In a refrigerator

• The best way



Cold Water (<70°F)

- Less than 2 hours
- Running
- Submerged



During cooking

• Continuous process



Microwave

 First step in a continuous process



WHAT'S WRONG?



WHY IS THIS WRONG?



WHY IS THIS WRONG?



DATE MARKING

What foods?

Potentially hazardous, Ready-to-eat

Prepared on-site and refrigerated, or commercially processed after the original container is opened

Held for more than 24 hours

How long?

Hold up to 7 days at 41°F or less

Mark With the Date To Be Consumed By or Discarded

Day 1 is prep or open date (add 6 to the date)







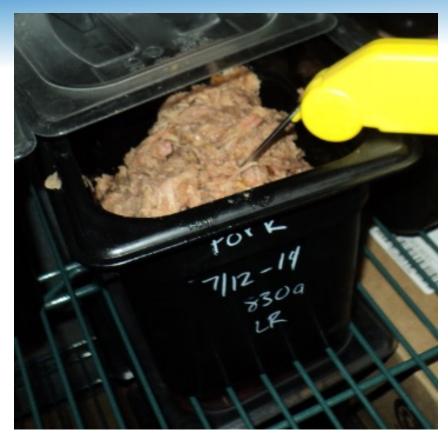
DATE MARKING



When removed from the freezer

- Mark to consume within 24 hours
- Mark with remaining days-subtract days held in cooler before freezing

OK?



From 135°F to 41° in less than 6 hours

From 135°F to 70° in the first 2 hours

Room temperature ingredients to 41°F in less than 4 hours



Shallow metal pans - 2" - 4" deep

- Leave pan partially uncovered
- Refrigerate immediately
- DO NOT stack hot pans allow for air flow







Ice Bath

- Fill a clean sink or large pan with ice and fill spaces with cold water
- Divide product into 1 gallon containers
- Immerse product pan to depth of product in sink or larger pan until it is level with the ice
- Agitate/stir every 10 minutes using an ice paddle or other equipment
- Drain water and replenish ice as it melts
- Use a clean thermometer to monitor the temperature of the food
- Refrigerate immediately after the food has cooled to 41°F



Small Portions - reduce the mass/volume

- Divide food into smaller pans
- Separate food into smaller or thinner portions (2" depth for thick foods/ 4" for thick liquids)
- Cut or slice portions of meat no larger than 4 inches or 4 pounds





Hints

- Add ice directly to the product as an ingredient
- Use rapid chill refrigeration equipment that encourages quick cooling
- Never try to cool foods in plastic containers
- Never allow foods to cool at room temperature



WILL IT COOL IN TIME?



FOOD SAFETY RISK FACTORS



CONTAMINATION:

- Raw animal products not separated from ready-to-eat foods
- Species not separated
- Equipment not properly cleaned and sanitized

AVOID CROSS CONTAMINATION

Incorrect

Correct

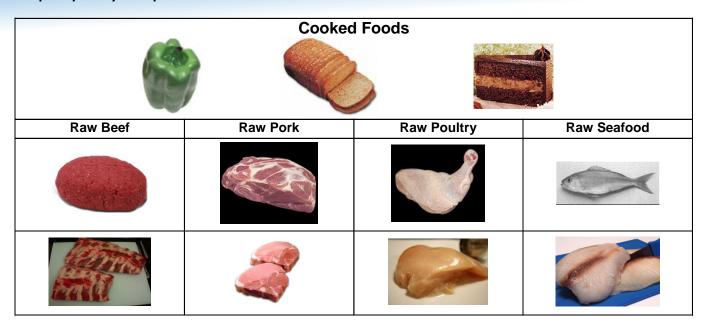




Use Separate Cutting Boards for Raw Meats & Cooked or Ready-to-Eat Foods

AVOID CROSS CONTAMINATION

Store food properly to prevent cross contamination that can lead to Foodborne Illness.



WHAT'S WRONG?







AVOID CROSS CONTAMINATION

- Clean and sanitize all utensils and surfaces that touch food:
 - after each use
 - when changing product
 - between raw animal types (beef, pork, fish, etc.)
 - frequently when preparing large amounts
 - between raw meats and cooked or ready-to-eat foods



CLEAN & SANITIZE

Items must be clean to the sight and touch

Items must be sanitized after cleaning





IS IT CLEAN?





IS IT CLEAN?





MOLDY SODA NOZZLE







3-COMPARTMENT SINK

- Scrap
- Wash
- Rinse
- Sanitize
- Air Dry



- Scrap
 - Remove scraps so cleaning is more effective

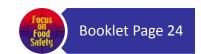




Wash

- Clean and sanitize sinks and drain boards
- Pre-soak/pre-rinse all eating utensils and equipment
- Use 110°F water and detergent





- Rinse
 - Use clean, 110°F water





Sanitize

- 50-200 parts per million (ppm) chlorine
- 200 ppm quaternary ammonia (mix with 75°F water)
- 25 ppm iodine
- Use correct immersion time
- Air dry utensils and equipment
- Use appropriate test strips to check concentration



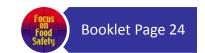


CHECK THE CONCENTRATION



- Making a 100 ppm Chlorine Solution is as Easy as 1-2-3
 - 1 ounce of plain bleach to 3 gallons water
 - Read the label to confirm!





Air Dry

- Allows sanitizer to continue working
- Prevents cross contamination
- Use clean, self-draining location.





DISHMACHINE

- High Temperature
 - Wash Temperature:
 - Single tank, stationary rack, dual temperature machine is 150°F
 - Single tank, conveyor machine is 160°F
 - Hot Water Sanitization:
 - 180°F at manifold
 - 160°F at plate level



DISHMACHINE

- Low Temperature
 - Chemical Sanitization Required
 - Water Temperatures According to Manufacturer
 - Chemicals Must Be Auto-dispensed into Final Rinse Water
 - Check Daily
 - Must Have a Visual or Audible Low Sanitizer Indicator



DISHMACHINE

- Air Dry
 - Allows sanitizer to continue working
 - Prevents cross contamination
 - Use clean, self-draining location.



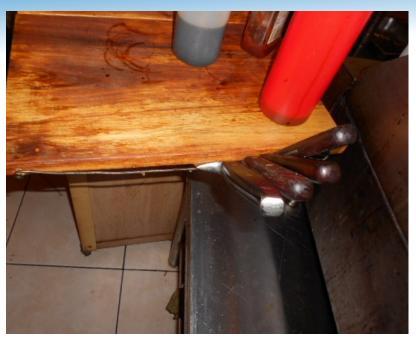
IS THIS OK?



POOR CONDITION



PROPER STORAGE?





WHAT'S WRONG?



FOOD SAFETY RISK FACTORS



ENVIRONMENTAL CONTAMINATION:

- Improper storage, labeling, or usage of chemicals
- Presence of insects or rodents
- Lack of potable water
- Improper sewage disposal

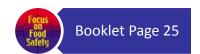




PEST CONTROL



- Insects and rodents carry diseases and can contaminate food and food-contact surfaces.
 Utilize measures to minimize their presence
- Protect outer openings
 - outer doors closed, repair screens, maintain tight fitting doors & openings, use air curtains
- Eliminate harborage conditions
- Use Integrated Pest Management practices





WHAT'S WRONG?







CHEMICALS

- These Items Can Be Poisonous Or Toxic If Ingested
 - Detergents
 - Sanitizers
 - Polishes & Cleaners
 - Insecticides
 - Rodenticides
 - First Aid Supplies & Personal Medication





CHEMICALS

- Storage, Labeling & Use
 - Store separately from foods & food-contact surfaces
 - Never store above foods or food surfaces
 - Label all toxins
 - Use only approved chemical in food areas

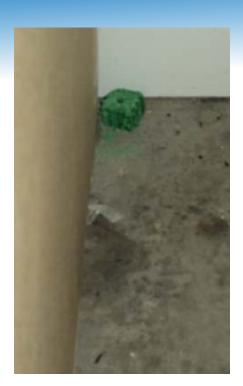


OK?



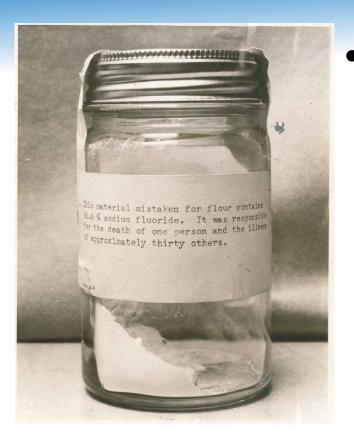


WHAT'S WRONG?





LABEL THE BOTTLE



• "This material mistaken for flour contains 92.6% sodium fluoride. It was responsible for the death of one person and the illness of approximately thirty others." 1944



HARBORAGE



WHAT'S WRONG?



WATER SOURCE

- Water from a Public Water Supply
- Water from a Private Water Supply
 - Appropriate well construction
 - Water tested for:
 - total coliforms (0 CFU)
 - fecal coliforms (0 CFU)
 - nitrates (<20 PPM)







PLUMBING



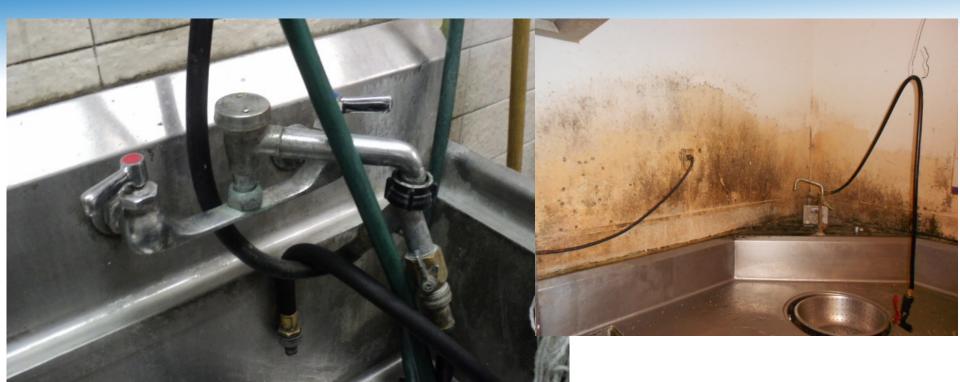
Backflow prevention

- Protect water supply
 - Proper installation
 - Air gap or Backflow preventer
- Protect equipment
 - Indirect drain connection

PROPER PLUMBING?



PROPER PLUMBING?



Risk Factor:
Approved
Source/Sound
Condition

Corrective Action

Food from unapproved/unlicensed source or in unsound condition

- Discard
- Reject
- Return



Risk Factor: Handwashing	Corrective Action
Food worker failed to wash hands as needed	Instruct worker about handwashingDiscard any contaminated food

Risk Factor: Cold Holding	Corrective Action
TCS Food above 41°F for MORE than 4 hours	• Discard
TCS Food above 41°F for LESS than 4 hours	 Use immediately Cool below 41°F before total time reaches 4 hours

Risk Factor: Cooking	Corrective Action
Raw Animal Food is undercooked	 Continue Cooking process until minimum temperature is reached See page 15 for Temperatures

Risk Factor: Hot Holding	Corrective Action
TCS Food below 135°F for MORE than 4 hours	• Discard
TCS Food below 135°F for LESS than 4 hours	 Use immediately Reheat to 165°F before total time reaches 4 hours



Risk Factor: Cooling	Corrective Action
TCS Food cooled from 135°F to 70°F in MORE than 2 hours	• Discard
TCS Food cooled from 135°F to 41°F in MORE than 6 hours	• Discard
Room temperature TCS Food ingredients cooled to 41°F in MORE than 4 hours	• Discard



Risk Factor: Reheating	Corrective Action
TCS Food heated from 41°F to 165°F in MORE than 2 hours	• Discard

CONTACT KDA

Prior to opening food operations

For plan review prior to construction or remodeling

For licensing or inspection inquiry

To Report

- •Change of ownership or location
- Natural disasters involving food
- •Power outages of 2 hours or more
- Transportation accident involving food
- Food establishment complaint
- Reportable employee illness
- Foodborne illness outbreak

To request an educational seminar





CONTACT KDA

KANSAS DEPARTMENT OF AGRICULTURE

FOOD	CAFETV	AND	ODCIN	
FUUU	SAFETY	ANU	LUDGIN	U

1320 Research Park Drive

Manhattan, KS 66502

Telephone: (785) 564-6767

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UNSANITARY



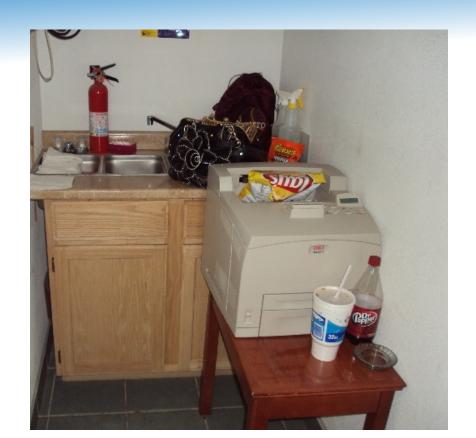
ICE PRESERVATION



NECESSARY CONDIMENTS



POTATO CHIP PRINTER



QUESTIONS?



CONTACT KDA

KANSAS DEPARTMENT OF AGRICULTURE

FOOD SAFETY AND LODGING

1320 Research Park Drive

Manhattan, KS 66502

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